"Entrusted with something precious"
THE PAGES THAT FOLLOW ARE FILLED WITH SNAPSHOTs OF THE MYRIAD OF SCHOOL EVENTS IN RECENT WEEKS THAT HAVE ENGAGED STAFF, STUDENTS AND VISITORS TO THE COLLEGE IN THE LEARNING AND FAITH LIVES OF OUR SCHOOL.

From a marvellous Stations of the Cross dramatization to the inspiring celebration of our St Joseph the Worker male mentors breakfast and the excitement of Year 9 girls at their iPad Minis and the anticipation of the new building taking shape, the MSJ world never stands still.

The school and House spirit evident in the Year 12 costumes and the participants who achieved extraordinary personal bests at the recent House Athletics Carnival was further evidence of a healthy sense of fun and participation.

NEW BUILDING PROGRESS
The new Science, Food Technology and VCAL building is rising before our eyes and with all the framework nearly complete and the programme moving according to schedule, the proposed project conclusion remains early October. The building will provide five new Science laboratory learning spaces including a Sustainable Science lab opening to an outdoor classroom space and a new Food Technology Facility opening onto a flexible learning space with various zones for learning. There will also be a new home for the Year 11 and 12 VCAL programmes and numerous indoor and outdoor break out spaces for smaller groups to gather. The progress of the project and the architects drawings are available for viewing on the College website.

USING IPAD MINIS TO STRETCH BEYOND HORIZONS
There was fever pitch excitement amongst the Year 9 girls in the second week of term as they received their iPad Minis to support their offsite inquiry learning focus in their field of choice in the new look Beyond Horizons programme. Best described as a ‘companion device’, the iPad Minis do not replace all of the functionality of the MacBook laptops but they do bring a portability ideally suited to the offsite evidence gathering and research required for the Beyond Horizons programme.

YEAR 7 2014 ENROLMENTS
It seems like the Year 7 2013 girls have not long been part of our family but already acceptances are being received from excited Year 6 girls and their families who have been offered places at our College for Year 7 2014. It is a credit to our girls that many visitors in recent days at events such as the Open Morning, Year 7 enrolment interviews, Male Mentor’s breakfast, ANZAC Service and the Joseph’s Corner High Tea all make mention of their respect for the current students and their appreciation of the way in which they conduct themselves in the community. They are an ongoing source of pride and role modelling for peers and primary school students. Parents, teachers and the students themselves should take great pride in this overwhelmingly positive feedback.

COMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 10th May</td>
<td>Interschool Athletics Competition</td>
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<tr>
<td>Monday 13th May</td>
<td>Raising Teenage Girls Parent Workshop 1 7.00pm-8.00pm</td>
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<tr>
<td>Tues - Thurs 14th – 16th May</td>
<td>NAPLAN (Years 7 &amp; 9)</td>
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<tr>
<td>Friday 17th May</td>
<td>Careers Day (Year 10)</td>
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<tr>
<td>Monday 20th May</td>
<td>Year 8 Retreat</td>
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<tr>
<td>Monday 20th May</td>
<td>Year 7 Belonging Day (7A, 7C, 7F,)</td>
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<tr>
<td>Tuesday 21st May</td>
<td>Year 7 Belonging Day (7I, 7J, 7T, 7V)</td>
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<tr>
<td>Tuesday 21st May</td>
<td>Sr. Irene. McCormack Day &amp; College Assembly</td>
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<tr>
<td>Tuesday 28th May</td>
<td>Interschool Basketball Competition</td>
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<tr>
<td>Wednesday 29th May</td>
<td>Adult Digital Education Workshop: 7.00pm-8.00pm</td>
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<tr>
<td>Wed - Wed 5th June – 12th June</td>
<td>Year 8 - 11 Exams</td>
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<tr>
<td>Wednesday 12th June</td>
<td>GAT Exam (Year 11 &amp; 12 girls studying VCE units 3 &amp; 4)</td>
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<tr>
<td>Thursday 13th June</td>
<td>Open Morning 9.00am-10.15am</td>
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<tr>
<td>Thursday 13th June</td>
<td>Year 12 Careers Excursion – University and TAFE</td>
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<tr>
<td>Friday 14th June</td>
<td>Report Writing Day (Students Study at home)</td>
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STATIONS OF THE CROSS

On the last day of Term One, the College community recalled the messages of Jesus life and death in our annual dramatization of the Stations of the Cross.

This event, performed in the round with a special stage placed in the middle of the MacKillop Centre, comprised telling the story of Jesus’ passion, some reflections that put the story of the suffering into our contemporary time and space, and then prayer. Our theme was based on Justice and we connected much of Jesus’ passion to the suffering that is currently taking place in our world.

Some of the highlights were:

• The cross being draped with ribbons to represent the various nations and peoples in our universe who share with us in proclaiming the story of the passion.
• Approximately 300 students were involved as many home room groups, choirs, bands and staff contributed in some way.
• Our students really own this liturgy, and are keen to join in any part.
• Students showed their talents in public speaking, mime, dance, music, IT and art in portraying each station.
• Our students ability to find examples of Jesus’ story and its meaning in their own modern music and video clips.
• The atmosphere of prayer and respect that was maintained during the hour of the service.

So congratulations indeed goes to each student and staff member. The efforts of those on stage was matched by the participation of the audience.

Director of Mission

Mick Leonard

YEAR 12 RETREAT

After a three hour bus ride, Ms Bourke let us know we had arrived at the beautiful Grampians as she greeted us with, “Welcome to the Year 12 Retreat.”

The smiles and laughter of the students turned to concentration as everyone waited for the activities to commence. Five different workshops were set up for all of us. These included the Boronia Peak Climb, Initiative Games, Indigenous Cultural Centre, and Reflective Sculpting Activity. With so many opportunities available, everyone was keen to get to their first workshop and begin the day.

Mr Leonard explained that the workshops would give us “a great insight into dealing with different situations throughout life.” The main focus of the retreat was time to build relationships and reflect on where we find ourselves. Some of the activities in each workshop would stretch us beyond our comfort zones and make new friends. On the last night the ‘MSJ’s Got Talent’ competition again helped the year level to bond together and the liturgy gave us a chance to pray together. Our retreat was very successful and the students left feeling refreshed and ready to start the term on a high.

On behalf of the Year 12 cohort, Lauren and I would like to thank the staff and students who attended the camp for their enthusiasm and willingness to be involved in all aspects of the experience. In particular we would like to thank Ms Bourke whose hard work ensured the retreat was a success. We hope the ideas, inspiration and information presented stay with everyone throughout 2013.

By College Captains Penny Sdregas and Lauren Borg
JOSEPHITE COLLOQUIUM


Over two days, the Sisters of Saint Joseph shared Mary’s story and guided us around places of significance in Mary’s life, from her birthplace in Brunswick to sites she lived and worked at in the city.

At the end of the Colloquium, participants walked away with a new understanding of the humanity and approachability of Mary, as well as the fantastic Josephite community present in Victoria. I am looking forward to sharing the profound and enlightening experiences gained at the Colloquium with students, staff and the wider MSJ community.

By Kaitlin Kubat

MINISTRY PORTFOLIO REPORT

WITHIN THE MINISTRY PORTFOLIO WE HAVE SET OURSELVES MANY OBJECTIVES FOR 2013. OUR MAIN PURSUIT HAS BEEN TO MAKE PRAYERS AT ASSEMBLIES AND MASSES MORE ENTERTAINING AND ENGAGING FOR ALL STUDENTS AND STAFF.

Though this was partly achieved at the last College assembly, with the opening prayer being a performance from the movie ‘Sister Act’, we wish to continue enhancing this goal to ensure that students understand the relevance prayer can have in our everyday lives.

Another important goal that the Ministry Portfolio is aiming to achieve is to give students a different outlook on the way that religion is presented in the school and the wider world. Going forward the Ministry Portfolio is planning to hold a Winter Wleep-out at the College later this year to promote awareness and understanding about the serious problem of homelessness in our community.

By Meheret Hailemelekot, Ministry Captain

On the evening of Wednesday 29 May, from 7-8pm we will be holding a Digital Learning workshop for any interested adults who would like to further understand the use of the iPad for work and study. Advertising for this event will be forwarded in due course and the event will also be advertised through the MSJ Parent Portal.

Director of Digital Learning

Fran Dorgan
The Food Technology Department have been busy preparing feasts of all sorts. From making home made pasta, jams and muffins, students have taken on the challenge of food technology with gusto!

And finally, the Individual Differences Staff have contacted families of all students who study a modified program. This department works tirelessly to ensure that students who require extra attention are catered for both academically and socially here at the College and invite your feedback at any time.

We encourage you to speak with your daughter about the learning that they have been involved in during the course of their day at school and share your own insights on the content where you can. For further information about the content of a subject, please contact your daughter’s subject teacher at the College.

WOOLWORTHS EARN AND LEARN

WOOLWORTHS EARN AND LEARN IS BACK FOR 2013. THIS PROGRAM ENABLES PARENTS AND FRIENDS OF THE COLLEGE TO COLLECT STICKERS WHEN THEY SHOP AT WOOLWORTHS WHICH EARN POINTS FOR THE SCHOOL.

When you shop at a Woolworths store you will receive a sticker for every $10 you spend. The sticker needs to be stuck onto the sticker card that can be collected from the Front Office. Once your card is full, it can be popped into the collection box outside the staffroom.

We thank you in advance for your support of this program and encourage you and your family to collect as many stickers as you can!

2013 NAPLAN

THE NATIONAL ASSESSMENT PROGRAM – LITERACY AND NUMERACY (NAPLAN) IS AN ANNUAL ASSESSMENT FOR STUDENTS IN YEARS 7 AND 9.

NAPLAN IS MADE UP OF TESTS IN FOUR AREAS:

• Reading
• Writing
• Language Conventions (spelling, grammar and punctuation)
• Numeracy.

The results of the tests provide information for students, parents and teachers about student achievement and is also used to inform learning and teaching programs. It is expected that all students in Years 7 and 9 will participate in the 2013 NAPLAN.

THE NAPLAN IN 2013 WILL BE CONDUCTED ON THE FOLLOWING DAYS:

• Tuesday May 14 Language Conventions Writing
• Wednesday May 15 Reading
• Thursday May 16 Numeracy (calculator) Numeracy (non-calculator)

JUNE 5 - ‘GAT CHAT’ YEAR 11 AND 12

THE GAT IS A THREE HOUR GENERAL ACHIEVEMENT TEST OF GENERAL KNOWLEDGE AND SKILLS IN WRITTEN COMMUNICATION, MATHEMATICS, SCIENCE AND TECHNOLOGY, HUMANITIES, THE ARTS AND SOCIAL SCIENCE.

All students completing a Unit 3 and 4 subject must complete the GAT. While the GAT results do not automatically contribute towards the VCE, the results do play a very important part in the final assessment of the VCE as they are used to check that the Examinations, SACs and SATs have been accurately and fairly marked. Further, if a student is ill, has an accident or experiences severe personal hardship at the time of an Examination, a student may apply for a Derived Examination Score (DES). The GAT results contribute towards the calculation of the DES.

The GAT will be held on Wednesday June 12 from 10.00am to 1.15pm students must arrive at least 30 minutes prior to its commencement.

In preparation for this, on June 5, Period 4 the “GAT CHAT” will occur for all Year 11 and 12 students. The importance of the GAT and rules and requirements of examinations will be outlined.
YEAR 9 BEYOND HORIZONS PROGRAM


Wednesday was spent exploring the city with each group focusing on a different area. ‘Soul and the City’ explored Federation Square and headed to ACMI, (Australian Centre for Moving Images) and then walked through Hosier Lane to get to the Princess Theatre. Lastly, they walked around Bourke Street Mall where they experienced unique characters and activities.

‘Move and Grow’ joined with ‘Bay Watch’ and they started at Rod Laver Arena where they experienced a cardio tennis workout and a tour of the center. Next, was a walk over the bridge to the MCG, and then on to Aimee Park, down to the Westpac Centre and finally stopping in the Botanical Gardens. After lunch the group walked up to the Shrine of Remembrance and were lucky enough to see the rehearsal for the ANZAC day Dawn Service.

‘Fiction, Heroes, Villains and Me’ walked around the city and took lots of photos of interesting street artwork. They went to the National Gallery, where they saw some contemporary artwork. Looking through a comic book store was a big highlight as they could see many different styles of books and how different heroes and villain are perceived.

At the end of the day all groups agreed that they had a great day and enjoyed all of the activities.

By Emma Chan and Taylor Mitvalsky (Year 9)

PLANNING THE PATHWAY IN THE SENIOR YEARS

2014 SUBJECT SELECTION - YEAR 11 (2014)

THE PROCESS OF SUBJECT SELECTION IS DESIGNED TO EQUIP STUDENTS WITH THE INFORMATION TO MAKE DECISIONS ABOUT THE ELECTIVE SUBJECTS THAT THEY SELECT. THE PROCESS INCLUDES STUDENT AND PARENT INFORMATION SESSIONS, COURSE GUIDANCE AND FORMAL INTERVIEWS.

The transition into the Senior School is an important one, and marks the beginning of a significant phase for all students. It is the start of a very personal journey for each student, as decisions about which courses of study to pursue are made. As with all journeys, some will have a final destination clearly identified and subject choices will be clear. For others, the pathway won’t be as smooth; it may take some time to reach a point of certainty about which choices to make.

The time allocated will be both intensive and comprehensive, as time is set aside to address this important process.

YEAR 11 (2014)

On Friday May 17 – Year 10 students will be undertaking an interest, literacy and numeracy inventory. In advising students on their pathway this data provides a guideline for subject choices and an independent measure to support the school assessment tools.

On Thursday July 18 the College will be holding a 2013 VCE/VCAL subject selection evening.

Deputy Principal Learning and Teaching
Joanna De Bono
PATHWAYS NEWS
TERM 2 IS AN IMPORTANT TIME FOR STUDENTS AND THEIR FAMILIES TO GATHER INFORMATION ABOUT THE CHOICES THAT WILL HAVE TO BE MADE REGARDING FUTURE CAREERS AND STUDY PATHWAYS.

UMAT 2013
The UMAT test is used specifically to assist with the selection of students into the Medicine, Dentistry and Health Science Degree programs at undergraduate level.

UMAT 2013 will be held on Wednesday, 31 July 2013 and applications to sit the UMAT are now open and registrations close on Friday, 7 June 2013 at 5.00pm sharp! For a list of which courses and universities require the UMAT, visit the link below.
http://umat.acer.edu.au/

DIRECTORY UNDERGRADUATE 20.14 APP
Whether it is Pharmacy, Journalism, Law or International Business, it is no longer difficult to find out what is on offer. Directory Undergraduate is a very useful resource which provides an Australia wide listing of undergraduate degrees and the entry scores in over 100 subject areas. By summarising courses and entry scores in specific subject areas, the directory makes it incredibly easy for students to find their way around the information about universities, courses. For many years Directory Undergraduate has been available in print, but the resource is also available as an iPhone (or iPad) App. Visit the Apple Store and search for ‘undergraduate 2014’.

RMIT NEWS
RMIT, like Swinburne and Victoria Universities, has both a higher education (university) division and a TAFE division. It is therefore possible to move seamlessly from one to the other, gaining credits for relevant courses already undertaken. For example, an Advanced Diploma of Building Design (Architectural) can give credit towards the Bachelor of Architectural Design.

PSYCHOLOGY AND CRIMINOLOGY – In the Justice Sector, mental health issues are a common thread. Victims, survivors, offenders, witnesses and families may have some form of mental health issues prior to an event, which is exacerbated by an event, or the event may be the catalyst for a mental health issue. The new RMIT degree has two interrelated streams – the Bachelor of Arts (Criminology & Psychology). This degree brings together the Australian Psychological Accreditation Council (APAC) accredited psychology major and the criminology major which has been a centre piece of the Criminal Justice Degree at RMIT for over 30 years.

INTERESTED IN MATHEMATICS AND STATISTICS? Statisticians are involved in modelling scenarios such as those related to the weather, medicine, the environment, engineering and finance. Demand for mathematics and statistics graduates in the Australian economy has outstripped supply in recent years and is forecast to continue to do so. At RMIT, the Bachelor of Science (Statistics) (2013 ATAR 82.5) offers work experience with the sporting industry, in finance and business, health and medicine, sciences and environment and in government. Mathematics and statistics can also be studied at other universities, such as in a Bachelor of Science at Melbourne and Monash.

‘FOCUS ON’ SERIES AT THE UNIVERSITY OF MELBOURNE.
The University of Melbourne will be hosting the ‘Focus on Series’ in the coming weeks.

<table>
<thead>
<tr>
<th>FOCUS ON</th>
<th>DATE</th>
<th>TIME</th>
<th>VENUE</th>
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</thead>
<tbody>
<tr>
<td>Commerce</td>
<td>Tues 21 May</td>
<td>6.30pm – 8.00pm</td>
<td>Basement Theatre, The Spot, 198 Berkeley Street, Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Biomedicine</td>
<td>Wed 22 May</td>
<td>6.30pm – 8.00pm</td>
<td>Sunderland Theatre, Medical Building The University of Melbourne Parkville campus Melbourne</td>
</tr>
<tr>
<td>Engineering</td>
<td>Tues 28 May</td>
<td>6.30pm – 8.00pm</td>
<td>ESJ King Theatre, Medical Building, Grattan Street, Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Information Technology</td>
<td>Tues 28 May</td>
<td>6.30pm – 8.00pm</td>
<td>Frederic Wood Jones Theatre, Medical Building, Grattan St, Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Agriculture</td>
<td>Wed 29 May</td>
<td>6.30pm – 8.00pm</td>
<td>Melbourne School of Land and Environment Student Centre University of Melbourne Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Music [Conservatorium]</td>
<td>Tues 4 June</td>
<td>6.30pm – 8.00pm</td>
<td>Melba Hall, Conservatorium Building The University of Melbourne Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Science</td>
<td>Wed 5 June</td>
<td>6.30pm – 8.00pm</td>
<td>Theatre A, Elisabeth Murdoch Building The University of Melbourne Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Environments</td>
<td>Tues 18 June</td>
<td>6.30pm – 8.00pm</td>
<td>Baldwin Spencer Theatre, Baldwin Spencer Building University of Melbourne Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Law</td>
<td>Wed 19 June</td>
<td>6.30pm – 8.00pm</td>
<td>GM15 Theatre, Law Building (enter via Pelham St) The University of Melbourne Parkville Campus Melbourne</td>
</tr>
<tr>
<td>Arts</td>
<td>Tues 25 June</td>
<td>6.30pm – 8.00pm</td>
<td>Carrillo Gantner Theatre, Sidney Myer Asia Centre, Swanston St Parkville Campus</td>
</tr>
<tr>
<td>VCA</td>
<td>Wed 26 June</td>
<td>6.30pm – 8.00pm</td>
<td>Federation Hall Southbank Campus Melbourne</td>
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To register your attendance, visit: http://futurestudents.unimelb.edu.au/explore/events/victoria_and_interstate/victoria/focus_on
STUDENT WELLBEING

STAND UP AND SPEAK OUT – SAY NO TO CYBERBULLYING

CYBER BULLYING IS WHEN ONE STUDENT IS TARGETED BY ANOTHER THROUGH THE USE OF DIGITAL TECHNOLOGY, MOBILE COMMUNICATION DEVICES OR THROUGH THE INTERNET.

The aim of this targeting may be harassment, stalking, threats or other forms of harmful behaviour. Cyber bullying takes many forms and may involve the use of websites, mobile phones, chat rooms, email, SMS and the uploading of pictures or video. It could involve the sending of threatening messages, communicating false pretences, forwarding of other students private communication, establishment of websites designed to humiliate or the posting of humiliating messages or pictures. The unseen consequences of cyber bullying is that because the intimidation or bullying action is delivered via the written word then the target can read and therefore be affected by the same words again and again.

At Mount St Joseph Girls’ College we have invested a great deal of time in preventative education which has included a presentation earlier this year to Year 7 to 12 students by Greg Gebehart from the Australian Communications and Media Authority and in particular via pastoral lessons at Years 7 to 9 and extra sessions to the Year 7 students with the roll out of their laptop computers.

THE FOLLOWING ARE SOME TIPS FOR PARENTS:

1. Talk to your daughter about cyber bullying before it happens. Work out strategies together to address the issue so that your daughter becomes comfortable in reporting to you or one or two other trusted adults.

2. Always be aware of what your daughter is doing online by agreeing on guidelines for communicating appropriately with family and friends.

3. Help your daughter block anyone who sends offensive content. Most social networking sites allow for the reporting of inappropriate content and communication.

If you think your daughter is being cyberbullied by another student(s) then it is important that you make contact immediately with the Pastoral Group Teacher as they are the first point of communication in the College with regards to any pastoral concerns.

THE FOLLOWING ARE SOME TIPS FOR STUDENTS:

1. Stand up and speak out if you see or know about cyber bullying happening to a friend. It is important to support them.

2. Do not forward photos or messages that could hurt or offend someone.

3. When at school always speak to your pastoral group teacher who will then refer the matter onto the respective year level co-ordinator.

4. If you need help when at home then contact the Cybersmart Online Helpline on the Cybersmart website or call Kids Helpline direct on 1800 55 1800.

5. If you have been threatened notify the police immediately. If the situation is ever critical you need to call triple zero (000).

Assistant Principal Student Wellbeing
Anna Keppel

Mount St. Joseph Girls’ College

Demystifying Mental Health in Adolescents
A Practical Information Night for Parents
on
Monday 13th May 2013 in the Performing Arts Centre
Time: 7:00pm – 8:00pm

Presented by Andrea Skinner from Headspace
Headspace works with young people 12 – 25 to look after their mental health and wellbeing, helping resolve problems early to prevent them developing into bigger ones later on. Andrea Skinner, Community Awareness Officer will offer parents an information session on understanding mental health, what impacts upon young people’s, and where to go for assistance.

(Please Note: Due to the nature of the topics being covered, students are asked not to attend.)

RSVP: rsvp@msj.vic.edu.au by 12th May 2013

133 Maidstone Street, Altona VIC, 3018 | P: 8398 2000 | F: 9398 3498
UNIFORM EXPECTATIONS:
• Students must have long hair tied up at all times. Hair must be of a natural hair colour. No extreme haircuts are permitted.
• Students are only permitted to wear single colour ribbons that are either black, white or blue.
• Students must wear the correct uniform on the correct day. PE Uniform is only to be worn on days students have PE. On Assembly days, all students are to attend school in their College uniform, including their blazer. Only a small religious symbol can be worn on a necklace beneath clothing.
• Students are permitted to wear two earrings in each lobe, such as a small stud or sleeper. No other piercings are permitted (including tongue). Band-aids or plastic fillers to cover piercings are not permitted.
• Students are not permitted to wear any form of visible makeup, nail polish etc.
• Students are not permitted to have coloured nail extensions or false eye lashes.
• Religious bracelets are not permitted.

Unacceptable items of jewellery will be confiscated and handed into the front office and returned at the end of each term. Parents will be contacted if their child continually flaunts these expectations.

WINTER UNIFORM REQUIREMENTS:
• College kilt (length is to be below the knee).
• Navy blazer to be worn to and from school.
• Long white socks or navy/black opaque tights.
• Black lace up or T-Bar, low heeled leather shoes.
• Long sleeved white stiff collared shirt.
• College tie flush with the collar.
• College navy jumper, which cannot be worn as the outer garment to and from school.

SPORT UNIFORM (Only for PE class or Sport)
• College sport shorts
• Gold College polo shirt with College emblem
• College sport socks or plain white ankle socks
• Runners can be any brand but must be predominantly white with non-skid mark soles
• College navy track pants with emblem
• College rugby top

SCHOOL BAG
• Official blue backpack or backpack on rollers
• Small school backpack for excursions issued by College
• Fashion bags are not permitted at any time.

Optional Items
• College navy spray jacket can be worn over the sports uniform only.
• College Navy scarf only with the winter uniform (not PE uniform).

If students wish to wear gloves during the colder weather we may experience in term 2 and 3 then only black or navy blue gloves are permitted, fingerless gloves are not part of the College uniform. Students are only permitted to wear items under their uniform to keep warm if they cannot be seen.

The following posters included in this article will be placed in classrooms in the coming week in order to educate students about the uniform requirements at the College for term 2 and 3.

With Thanks
Anna Keppel
Assistant Principal Student Wellbeing

WELLBEING PORTFOLIO REPORT
THROUGHOUT 2013 THE WELLBEING PORTFOLIO HAS BEEN BUSY PLANNING AND ORGANISING NUMEROUS EVENTS TO ENHANCE STUDENT HEALTH AND BELONGING, AS WELL AS CATERING FOR SPORTING TALENTS.

So far we have conducted the Staff versus Students soccer game where players sweated out their battles in a supportive domain during lunchtime. We have also provided equipment during lunchtime and recess such as skipping ropes, hula hoops, frisbees and footballs for additional physical activity opportunities.

Our team has worked collaboratively with teachers to run interschool sport training sessions and tournaments as well as the recent Athletics carnival. Not only do these events provide laughter and entertainment for the student body but they also promote exercise and healthy living.

We wish to include and encourage more ‘Nude Food Days’ to reduce the amount of litter in our community and educate students about the impact it has on the environment.

As a collective we are striving to incorporate more lunchtime activities and competitions that heighten house and school spirit as well as raise awareness and money for those less fortunate.

By Chloe Tipitsidis, Wellbeing Captain
Mount St. Joseph Girls’ College

STUDENT WELLBEING

The right ✓ and wrong ✗ way to wear our uniform

Tie
- Tie needs to be done right up to the top
- Tie must not be left loose around your neck

Kilt Length
- Kilt length needs to be below the knee
- Kilt length should not be above the knee

Tights
- Tights must be opaque
- Tights are not to be transparent

Socks
- Socks should be pulled up high
- Socks should not be slouched down

Buckles
- Buckles should be done up
- Undone buckles are unsafe

Bag
- MSJ Backpack
- MSJ Trolley Bag
- Not MSJ merchandise

Earrings
- 1 set of studs in lobe
- 2 stud in lobe
- More than 2 studs are not permitted

Mount St. Joseph Girls’ College

The right ✓ and wrong ✗ way to wear our SPORT uniform

Sports Shoes
- Correct sporting shoes for support and stability
- Canvas shoes are not allowed

Sports Socks
- Sport socks should sit above the ankle
- Sport socks should not sit below the ankle

Sports Cap
- MSJ Cap
- Non MSJ Cap
MALE MENTORS MORNING
ON WEDNESDAY THE 1ST OF MAY, THE MALE MENTORS BREAKFAST TOOK PLACE IN THE PERFORMING ARTS CENTRE.

Being my second opportunity of attending this terrific experience, it was great to see such an increase in the numbers this year. We started off the morning with a prayer relating to the special bond between our male mentors and ourselves. The morning also consisted of two very special speeches presented by David Brown and Kevin Seaward. I thought this was a very insightful part of the morning as the girls were enlightened by the experiences of these two men and how they expressed their relationship with their mentor. Madison Brown (Year 8) then shared her special relationships with male mentors in her life. Madison told us her inspirations were her father David, and her cousin Nick. She told us how her Dad always taught her to try her best and to succeed to the best of her abilities. Madison then talked about Nick her cousin. Nick is a talented photographer and after spending a day with Madison he shared his talents with her. This seemed to be a very special bond between the two that meant a lot to Madison, who is very interested in photography.

After the speeches a blessing was shared between the mentors and students. We then enjoyed a lovely breakfast and shared our thoughts with other mentors and students in the room. A big thank you to Mr. Leonard, Ms. O'Keefe, Mr. Zarkos and all of the students and their mentors who made this day happen.

By Olivia Kivlighon, 8 Catherine

SURFING & INITIATIVE
ON WEDNESDAY, MARCH 27TH, THE OUTDOOR EDUCATION CLASSES WERE GIVEN THE OPPORTUNITY TO TAKE PART IN AN EXCURSION TO ANGLESEA.

This excursion would involve surfing lessons and a co-operative initiative course, and would fill the whole day. Naturally, every student wanted to attend. When the bus arrived at Anglesea, Ms. Meurant’s class went to the beach for surfing.

At our surfing lesson, each student was given a wetsuit to wear and a board to surf on by the Go Ride A Wave team. We were then taken down to the beach and shown the basics of using the surfboard, such as how to paddle, how to catch the wave and how to stand up on the board. Then we headed to the water to try it for ourselves. Two hours and many wipeouts later, the class headed back to the bus, all wet but very happy with the time we were able to spend surfing.

After the surfing the classes split up into two groups and tackled the initiative course. This course consisted of a series of team building activities. We were put out of our comfort zones by having to build rafts out of rope, tarp and barrels. The activities were designed to give us the opportunity to try very different things and build our skills such as, communication, thinking, self-confidence and cooperation.

ANZAC CEREMONY
ANZAC DAY IS A CELEBRATION AND A REMEMBRANCE OF THE AUSTRALIAN AND NEW ZEALAND SOLDIERS WHO FOUGHT AND GAVE THEIR LIVES FOR THEIR COUNTRY. IT IS A DAY TO REMEMBER THE TRAGEDY OF WAR AND THE TERRIBLE COST OF LIVES ON ALL SIDES OF WARS.

On the 26th of April 2013 the Tenison School gathered in the Mary MacKillop Centre, with members of the Altona RSL. Six RSL members attended the celebrations. They included the President of the RSL, the Senior Vice President, three Welfare Officers and a Commanding Officer of the Navy Cadets. The RSL brought with them three flags representing the three forces; Army, Navy and Air Force and a wreath to be placed beneath the Australian flag.

The ceremony began with an introduction of the RSL members by the President. Following this, a reading of the Requiem For Soldiers was carried out by a welfare officer, followed by the saying of the Ode by the President of the RSL. Finally the Last Post and the national anthems of New Zealand, Australia and Britain were played. To conclude the ceremony, Ms. Dillon and a Year 7 student placed the wreath beneath the Australian flag.

The RSL President thanked the College for giving them the opportunity to commemorate Anzac Day with them. Ms Dillon, in her return speech, also thanked the RSL expressed our hope for a continuing relationship with the RSL in the coming years.

By Olivia Kivlighon, 8 Catherine

STUDENT WELLBEING

COMMUNITY
ON FEBRUARY THE 25TH, I BEGAN TRYOUTS FOR THE YOUTH GIRLS VICTORIAN METRO AFL TEAM ALONG WITH 60 OTHER GIRLS FROM THE METROPOLITAN AREA. SINCE THEN I’VE HAD 9 OTHER TRAINING SESSIONS OUT AT CRAIGIEBURN AND VISY PARK IN CARLTON. The intensity was very high from the beginning but I knew I had to give it everything if I wanted to make the team. During the first week of the holidays I found out that I had made the final team of 27 and would be competing at the national championships in May held in Shepparton. Training sessions have been jam packed with organizing game plans and structures for the trip. I thank the school for providing some financial assistance for my trip to the National Championships.

By Kimberly Ramos, Arts Captain

SO FAR CLUB MSJ HAS TAKEN PLACE THREE TIMES IN THE MARY MACKILLOP CENTRE AT LUNCHTIME WITH MORE TO COME. THIS FORTNIGHTLY EVENT INVOLVES ENTERTAINING MUSIC WHICH STUDENTS ARE ABLE TO DANCE TO. WE WISH TO CONTINUE THIS EVENT THROUGHOUT THE YEAR EVERY SECOND TUESDAY, THE FOLLOWING ONE BEING HELD NEXT TUESDAY, MAY 21ST. WE HAVE STARTED INTRODUCING A NEW MUSIC CREW THIS YEAR. ANYONE INTERESTED IN HELPING OUT WITH SETTING UP FOR ASSEMBLIES OR LOOKING AFTER MUSIC EQUIPMENT CAN SIGN UP IN FRONT OF THE MUSIC OFFICE TO JOIN THE NEW MUSIC CREW FOR THE FUTURE YEARS.

Currently the Arts Portfolio is working on getting MSJ’s Got Talent up and running. This will provide students a chance to express their talents to the student body. We would like to introduce more Music and Drama performances/concerts at lunchtimes and assemblies. Term 3 is a big one for the Arts Team with MMADD Day, the school production of The Wizard of Oz, the opening of an Art Gallery, and MSJ’s Battle of the Bands. These events will bring the student body together to interact and connect with each other through the arts. It will allow them to showcase their talent to family, friends and the MSJ community.

By Kimberly Ramos, Arts Captain

IT’S BEEN A GRUELING 3 WEEKS, LISTENING TO OVER A HUNDRED STUDENTS SINGING “SOMEBWHERE OVER THE RAINBOW” AND SORTING THROUGH ALL THE CANDIDATES FROM THE AUDITIONS.

So, through a seemingly endless list of students (150 of them), we have our final cast, including 40 singing Munchkins and finally, the rehearsals for the Wizard of Oz are in full swing!

Not only has casting been completed and rehearsing well under way but the behind the scenes activities are full steam ahead too. The students vying to have their design chosen as they put their creative skills to the test with entries for the ticket/poster/t-shirt competition.

The students have also received their information about rehearsals and the permission slip confirming their commitment to the show and the expectations of maintaining academic standards, due back by May 9 to the Performing Arts Office.

This is a very exciting time for all staff and students involved so let the yellow brick road adventure continue. The cast list is below.

DIRECTOR: BELINDA SORBELLO

CAST: 2013

Dorothy Gale Deanna Galea
Aunty Em Nicole D’Souza
Uncle Henry Maddie Bateman
Zeke Jessica Vranes
Hickory Adrianna Trakakis
Hunk Tara Bateman
Mrs Gulch/Wicked Witch Michaela Mastroianni
Professor Marvel/Wizard of Oz Georgina Stewart
Glinda Monaliza Ziba
Scarecrow Jaclyn Seychell
Tinman Simone Curmi-Blackwell
Lion Faith Angaika-Peter
Nikko Lisa Groves
Guard Alyssa Conte
Mayor of Munchkin Land Leia Everard
Coroner of Munchkin Land Olivia Kivlighon

Congratulations!!!!

Rehearsals will run every Thursday from 3.30pm – 5.30pm.

A further rehearsal schedule will be out soon regarding scenes.

By Belinda Sorbello
ANNUAL GENERAL MEETING PRESENTATION

AS TENISON CAPTAINS OF MSJ, WE GET THE OPPORTUNITY TO DO MANY AMAZING THINGS AND PRESENTING AT THE ANNUAL GENERAL BOARD MEETING ON TUESDAY APRIL 23 WAS ONE OF THEM.

We called on the WAAM team to help us produce a successful presentation and as a group we put together something that wonderfully showcased the work we have already put in during 2013 and the goals we wish to achieve.

The audience on the night consisted of many new and familiar faces including Sr. Josephine Dubiel (Regional Leader of the Victorian/Tasmanian Sisters of St Joseph), Mrs Margaret Dawson (Board Chair), members of the Board and the Sisters, our Principal, Ms. Dillon our Deputy Principal of Learning and Teaching Ms. De Bono, Ms Dorgan, Director of Digital Learning and Mr Kennedy, the College’s Business Manager.

After a week of preparation, we arrived at school that night dressed neatly and ready to go. We were able to mingle with the board members and introduce ourselves beforehand.

In our presentation, we mentioned the many things the SRC have already achieved in 2013. We talked about how the Ministry Portfolio has made assembly prayer an entertaining and enjoyable experience and we discussed the Wellbeing Portfolio in organising inter-school sports, College House Days and Nude Food Day. We explained the School Captains’ trip to Sydney for the JAMM conference, and the successful job the Arts Portfolio have done in organising Club MSJ and assisting with the school play. We presented to the College Board the goals each portfolio aim to achieve this year, making reference to the Academic Portfolio wanting to have a school spelling bee and the Ministry portfolio is hoping to organise a Winter Sleep-out at the College to raise awareness about homelessness.

We would like to thank the board for allowing us the opportunity to represent the SRC and showcase our own individual talents.

By Margaret Raffoul and Jessica Wolff (Tension Captains)

INTERSCHOOL SWIMMING

ON THE 21ST OF MARCH A GROUP OF WELL-TRAINED SWIMMERS GATHERED AT MSAC TO COMPETE AGAINST OTHER SCHOOLS IN A SWIMMING CARNIVAL.

The group had many successful wins, especially with Courtney Lino swimming for seniors and winning 50m freestyle. The girls swam exceptionally well and many girls beat their personal bests. This day would not have been possible without all the teachers that helped out on the day and also every Tuesday and Thursday early morning training.

Thank you everyone who participated and we would love to see you next year.

By Emma Chan and Bridgette Hobden (Swim Squad)

INDOOR CRICKET REPORT

ON WEDNESDAY 20TH OF MARCH 3 TEAMS OF MSJ GIRLS HEADED OUT TO BOX HILL TO COMPETE IN INDOOR CRICKET. EACH OF THE TEAMS HAD PLENTY OF TRAINING AND WERE ROARING TO GO ONCE WE ARRIVED.

The Junior Team did not manage to win a game as the competition was tough but they all still tried their best and learnt many skills along the way.

The Intermediate Team won 2 of their games and ended up coming 3rd place. They all worked well as a team and showed off their talents on the cricket pitch.

The Senior Team played very well and won all of their games but unfortunately lost the grand final by only a few runs. Ainslie Kennedy and Brooke Bakaric were the star batting pair for the team and always set the rest of the team up for a good start.

Overall the MSJ girls showed great sportsmanship as always and all had an enjoyable day. A very big thank you to Miss Baka, Mr Meilak and Emma for their coaching and support.

By Margaret Raffoul and Jessica Wolff (Tension Captains)
SPORT REPORT

HOUSE ATHLETICS DAY

ON 29TH APRIL 2013, ALL STUDENTS ENTHUSIASTICALLY PARTICIPATED IN HOUSE DAY 2 AT THE NEWPORT ATHLETICS CENTRE.

From the track and field to novelty events, each House represented itself with pride, enthusiasm and spirit as all students not only participated but cheered wildly for their peers. With their spectacular costumes, the Year 12 girls brought colour and excitement to the proceedings as they led their house chants to keep up team spirit. The action culminated with an amazing win for Solomon who dominated from start to finish. Away from the track, Athletics Day also allowed us to raise money for Indigenous Ministries, where we have a responsibility to be mindful of and inclusive of the traditional inhabitants of our country. To boost House spirit as well as raise money, students were able to colour their hair in house colours for a gold coin donation.

Special thanks must go out to Ms O’Brien and the rest of the P.E Department for organising and running such a successful event. Congratulations to all girls who won and participated in the win and we look forward to the same excitement and enthusiasm on MMADD day!

By Georgia Chiarella and Cara Looby, Solomon House Leaders

INDOOR SOCCER

ON THE 30TH OF APRIL, STUDENTS FROM YEAR LEVELS 7-10 PARTICIPATED IN AN INTENSE SCSA INDOOR SOCCER TOURNAMENT HELD AT ALBERT PARK INDOOR SPORTS CENTRE. EACH TEAM HAD TO COMPETE AGAINST FIVE DIFFERENT SCHOOLS FOR THE TOP 4 POSITIONS IN THE FINALS.

The students showed great sportsmanship, enthusiasm and had a great time on the court in every game even if it was a loss, draw or win. The juniors played very well against every school, which placed them 4th on the ladder. The intermediates came 6th but were still in high spirit and enjoyed each match they played together. Congratulations to the year 10 students who played seniors and lead MSJ to a victory with a 4-1 win against Presentation College Windsor. Congratulations to Laura Costa who did an amazing job as goalkeeper of the Grand Final to only concede one goal of the game, as well as all of the defenders and attackers, which greatly contributed MSJ’s to the victory. Well done to the leading goal scorers from senior’s, Ainslie Kennedy, Brooke Bakaric and Adrianna Trakakis who impressively scored more than a hat-trick each throughout the day. Congratulations to well deserved Brooke Bakaric, who won the Best Player’s Award in the Grand Final. Well done to the everyone who participated on this day. A special thank you to Miss Baka, Mr Gonzalas and Miss Ellen who coached and supported us in every match.

By Jennie Dao, 10 Francis
PRAYER AND SPIRITUALITY DAYS 2013
ON THE SECOND THURSDAY OF EACH MONTH
AFTERNOON SESSION: 1:30PM - 3:00PM
(REPEAT) EVENING SESSION: 7:30PM - 9:00PM
11th April Exploring more meaningful insights into the Mystery of God Anne O’Brien
9th May The Wonder of Jesus’ Gift of Eucharist Eileen O’Loughlin rsj
13th June St Hildegard of Bingen – A Woman for our time Moya Unthank rsj
11th July Grace in Transitions Yvonne Harte rsj
RSVP Therese Quinn rsj 9397 7140. therese.quinn@sosj.org.au

SECOND HAND UNIFORMS
• Second Hand Uniforms can be purchased from the College every second Tuesday of each month between 3.00pm-3.45pm
   (This does not include school holidays).
• There are no exchanges or returns permitted on any items.
• Please be aware that all purchases are cash only, no cheques or credit cards will be accepted.
• All permitted items you wish to sell through the College are on consignment for a maximum period of 6 months, after which they will be returned if not sold.
• Blazers, jumpers, rugby tops, rain jackets and school bags must have the current school logo.
• Blazers, kilts and jumpers are required to be dry-cleaned prior to being brought in for sale.
   Any other items such as dresses, t-shirts, track pants and shorts must be washed and ironed.
• Any school bags up for sale must be in a good useable condition.
• The College does not accept any of the following items:
   Winter Blouse, Tights, Socks, Hats, Scarves and Shoes.

MSJ CLASS OF 1993
SCHOOL REUNION
Sunday October 13th 2013.
2.45pm – Begins with a guided tour of Mount St. Joseph Girls’ College.
4.30pm – Cocktail Party at Mosaic, 48 Pier Street, Altona.
RSVP essential: msjclassof1993@gmail.com
$35 per head.

MARRIAGE ENCOUNTER WEEKEND
This weekend is a time for you and your spouse to be alone together, to rediscover each other and focus on your relationship in a very positive way. There is no group sharing.
Forget life’s tensions and interruptions and rekindle the closeness, intimacy, love and romance that brought you together in the first place.

Your marriage deserves that kind of attention.
Couples and a priest present the weekend. It is based around Catholic values but couples of all faiths are welcome.
2013 weekend dates : 14-16 June, 9-11 August and 18-20 October in Melbourne.
Starts 7pm on Friday. Ends 5pm Sunday. Accommodation and all meals provided.
For further information and bookings: Contact Marianne& Marcel Van den Bronk (03) 9733 0997 or vicbookings@wwme.org.au

PARTICIPANTS NEEDED: FREE STUDY FOR OVERWEIGHT YOUNG PEOPLE LOOKING FOR HELP.
Murdoch Childrens Research Institute at The Royal Children’s Hospital is running a randomised clinical trial of an online weight management program for overweight adolescents. Participation involves completing height, weight, blood pressure and waist circumference measurements and an online questionnaire at baseline, 3, 6 and 12 months. Parents are also invited to participate. Every 3 months there will be a draw for a $100 gift voucher for those participants who have kept their appointments. The results will demonstrate the feasibility and effectiveness of using the personalised, targeted Staying Fit program for addressing weight-related behaviours during adolescence. Recruitment has commenced and we are looking for 550 overweight young people aged 12-17 living in metropolitan Melbourne.
Enquiries Karly Cini 9345 6954 stayingfit@mcri.edu.au
For more info: www.rch.org.au/cah/stayingfit

MSJ Notice Board

Please be aware that individual requests made at the Front Office will be attended to as soon as possible. Students can only be called during Pastoral Recess & Lunchtime periods. Thank you for your understanding.

ADMINISTRATION OFFICE HOURS
PH: 8398 2000
Payment of fees can be made at the Office from 8.00 am - 4.00 pm Monday – Friday. For any enquiries regarding the school accounts, please contact Administration.

STUDENT ABSENCES
PH: 8398 2000
Please report student absences on the above number prior to 9.00am.
Please leave the following details:
Student’s Name
Student’s Pastoral Class
Reason for Absence
Your name and relationship to the student.

ACADEMY UNIFORM SHOP
238 Wolseley Place, Thomastown
Open Monday - Friday 9am - 5pm and Saturday 9am - 1pm. Phone: 9460 8011
Now open at the College
Monday 3pm - 4pm Wednesday 8am - 9am
Friday 1pm - 2pm

MOANIE’S CORNER
Joseph’s Corner offers a free counseling service to the families and carers of victims of drug and alcohol abuse. This professional confidential service is available each Tuesday at 3 Birmingham Street, Yarraville, 9.00 am – 5.30 pm. Wednesday at 38 Guinane Avenue, Hoppers Crossing, 9.00 am – 5.30 pm. Monday, Tuesday and Wednesday at 13 Bellin Street, Laverton, 9.00 am – 3.00 pm. For further information or to make an appointment, please phone 9315 2680. This is a non-denominational service.